

Curriculum Map (P.e) – Thurcroft Infant School (September 2024-2025) - Updated Planning New Academic Year:

YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
<p>Providing opportunities for children to be active and interactive, and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.</p> <p>Moving & handling skills & games:</p> <ul style="list-style-type: none"> • Children show good control and co-ordination in large and small movements • They move confidently in a range of ways, safely negotiating space • They handle equipment and tools effectively, including pencils for writing 						
<p>EYFS (Fs2)</p> <p>L&L to deliver: Mr Richardson</p>	<p><u>HAND/EYE Co-Ordination Skills & Games.</u></p> <p>To understand the basics of using hands & eyes at the same time to control the body & the object.</p>	<p><u>Yoga Skills & Routines.</u></p> <p>To improve core strength, control and co-ordination</p>	<p><u>Basic GYMNASTICS / SHAPES & FLOOR-WORK.</u></p>	<p><u>Gymnastics Skills - Movement to Music.</u></p>	<p><u>BALL SKILLS.</u></p> <p>To understand how to control a ball</p>	<p><u>Speed, Agility and Quickness (S.A.Q) - ATHLETICS.</u></p> <p>Start to understand how to control body when running and changing direction</p>
<p>Pupils should be taught to:</p> <ul style="list-style-type: none"> ▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities ▪ participate in team games, developing simple tactics for attacking and defending ▪ perform dances using simple movement patterns. <p>Skill Based - Learning. (Curriculum Plan) to be taught this year with a team teach approach with school staff & L&L staff working closely together to deliver our block of work.</p> <p>1). Spacial Awareness / using space when been on the move, using our eyes all the time.</p> <p>2). Fundamentals basic (P.e) skills, movements & actions: (Body movements, Gross Motor, Fine Motor, Balance, Strength, Stamina, Hand/Eye, Awareness of Space when playing, Energetic & Dynamic Movements, Run, Jump, Kick, Throw, Catch, Pass, Receive, Move, Dance, Hop, Skip, Climb, Walk & Body Control when negotiating Space Indoor's & Outdoor's.</p> <p>Balance & Turning Skills, Core Body Strength, Yoga Shapes, Throwing / Catching & Positioning, Kicking Skills, Stick Control & Racquet Skills & Games.</p>						

Year 1 L&L to deliver: Mr Mimms & Miss Fretwell	<u>Speed, Agility & Quickness. (S.A.Q) Skills.</u> Improve running techniques, balance and control	<u>BALL SKILLS THROWING & CATCHING GAMES.</u> To learn the correct technique for passing and receiving	<u>MINI (V/FIT) Trampolining Skills & Routines.</u> Understand how to jump and land safely	<u>STICKS, Racquets & La'Crosse SKILLS.</u> To learn the basic technique of holding the stick and how to pass and receive and control the ball	<u>KICKING SKILLS.</u> Understand how to move with the ball with control	<u>INFANT Athletics.</u> Understand the three different techniques running, jumping and throwing
Year 1 Teacher Led	<u>DANCE.</u> Movement to music	<u>GYMNASTICS.</u> To explore gymnastic shapes To explore travelling	<u>GYMNASTICS.</u> To explore movement actions with control and link them together with flow. To explore gymnastic actions (Rolls)	<u>GYMNASTICS.</u> To explore gymnastic actions (Jumps) To repeat and link combinations of gymnastic actions and shapes with control.	<u>DANCE.</u> Begin to learn specific moves to put into a sequence	<u>ROUNDERS.</u> Understand the technique for hitting the ball
Year 2 L&L to deliver: Mr Mimms	<u>Speed, Agility & Quickness. (S.A.Q) Skills.</u> Improve the techniques for running, balancing, jumping & body control through various activities & exercises. Harder level's, higher progressions.	<u>Attacking & Defending Skills & Games (MATBALL).</u> Understand how to tackle & score in a small sided game situation (2v2) / (3v3). Understanding of the rules of the games.	<u>Mini (V/FIT) Trampolining Skills & Routines.</u> To begin to create routines, shapes & movements by linking different skills together on the bed of the trampoline.	<u>UNI HOCKEY.</u> Understand how to attack and defending within a game situation	<u>FOOTBALL Skills & Games.</u> To show improvement in batting and fielding within a game situation	<u>INFANT Athletics.</u> To begin to show improvement within the three areas of Athletics. Running, jumping and throwing
Year 2 Teacher Led	<u>DANCE.</u> Movement to music	<u>GYMNASTICS.</u> To learn new travelling techniques and shapes	<u>DANCE.</u> Begin to learn specific moves to put into a sequence independently	<u>GYMNASTICS.</u> To Learn new jumps and rolls To show control and co-ordination when moving around apparatus	<u>BASKETBALL SKILLS & GAMES.</u> Understand how to attack and defending within a game situation	<u>ROUNDERS.</u> To show improvement in batting and fielding within a game situation

<p>After-School Club: Tuesday's to be delivered by L&L Sports: Mr Richardson.</p> <p>Fs2 – Y2</p>	<p><u>FLOOR & HIGH APPARATUS GYMNASTICS -</u></p> <p>Skills & Routines Individual & Partner Work to be embedded.</p>	<p><u>Yoga Skills & Routines.</u></p>	<p><u>Winter SPORTS HALL INFANTS / ATHLETICS</u></p>	<p><u>SHORT TENNIS – RACQUET SKILS & SHOTS</u></p>	<p><u>TARGET GAMES - TRI GOLF SKILLS.</u></p>	<p><u>Striking & Fielding Skills & Games.</u> <u>(Rounders & Cricket)</u></p>
<p>After-School Club: Friday's to be delivered by L&L Sports: Mr Mimms.</p> <p>Fs2 – Y2</p>	<p><u>WORLD CUP FOOTBALL SKILLS & GAMES</u></p> <p>Individual & Teamwork Techniques to be embedded.</p>	<p><u>HOTSHOTS - BASKETBALL SKILLS & GAMES.</u></p>	<p><u>MINI (V/FIT) TRAMPOLINING SKILLS & ROUTINES.</u></p>	<p><u>UNI - HOCKEY (Stick Control & game play).</u></p>	<p><u>CRICKET</u></p>	<p><u>NERF WAR'S - Aiming Throwing & Catching Skills & Games.</u></p>

Children should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.